

Oct 2016

Week One

"INDIVIDUAL COMMITMENT TO A GROUP EFFORT - THAT IS WHAT MAKES A TEAM WORK, A COMPANY WORK, A SOCIETY WORK, A CIVILIZATION WORK."

- VINCE LOMBARDI -

Week Two

"COMING TOGETHER IS A BEGINNING. KEEPING TOGETHER IS PROGRESS. WORKING TOGETHER IS SUCCESS."

- HENRY FORD -

Week Three

"TEAMWORK DIVIDES THE TASK AND MULTIPLIES THE SUCCESS."

- AUTHOR UNKNOWN -

Week Four

"ALONE WE CAN DO SO LITTLE; TOGETHER WE CAN DO SO MUCH."

- HELEN KELLER -

PARENT/GUARDIAN LETTER



Dear parents and/or guardians...

This month we are learning about teamwork. Often children are asked to do activities, schoolwork and other tasks on their own. Other times, they work with a team to get a job done. Working as a team and using teamwork can shorten the time needed to get a job completed. Teamwork can strengthen our children's skills and bring out the best in each individual. Teamwork can be used at home when the family needs to clean or with friends when trying to win a game. Everyone gets better when we work together.

HOW CAN YOU HELP?

Set up cooperative tasks for the family. Cleaning the yard, planting a garden or doing dishes are all tasks that take collaboration of more than one person. Get your children together and have them chime in on the choices and choose a project. Each child should have a job and feel like a valued part of the family team.

Encourage praise from each family member. Talk to your children about showing gratitude and showing praise for one another for a job well done. Acknowledging everyone's contributions

positively allows each member to see their strengths as well as the strengths of their teammates.

Make decisions as a family team. When it is possible, be sure to make decisions as a family. Teach your children to weigh pros and cons, consider other people's feelings and think through the benefits of each option. Be sure to facilitate the conversation and not make all decisions on your own. The more your children have an opportunity to work on this skill, the better they will get.

Demonstrate teamwork. When your children see you working as a team with other people or family members, they will see the value in the skill you are demonstrating. You can work as a team with your spouse, a friend, grandparents or coworkers. Talk with your children about how you are working as a team with other people.

Reward teamwork. When your children work as a team, help them to see the natural rewards, like chores being finished quicker. You can also surprise your children with extra rewards for doing a good job.

Teamwork

TEAMWORK IS WORKING TOGETHER AS A GROUP TO ACHIEVE A COMMON GOAL.

T.E.A.M.: TOGETHER EVERYONE ACHIEVES MORE!

Master Tony Kook's North Shore Taekwondo

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