

# September 2016

## Week 1

“A LEADER IS ONE WHO KNOWS THE WAY, GOES THE WAY AND SHOWS THE WAY.”

- JOHN C. MAXWELL -

## Week 2

“LEADERS AREN'T BORN THEY ARE MADE. AND THEY ARE MADE JUST LIKE ANYTHING ELSE, THROUGH HARD WORK. AND THAT'S THE PRICE WE'LL HAVE TO PAY TO ACHIEVE THAT GOAL, OR ANY GOAL.”

- VINCE LOMBARDI-

## Week 3

“THE QUALITY OF A LEADER IS REFLECTED IN THE STANDARDS THEY SET FOR THEMSELVES.”

- RAY KROC -

## Week 4

“BE SOMEBODY WHO MAKES EVERYBODY FEEL LIKE A SOMEBODY.”

- KID PRESIDENT -

# PARENT/GUARDIAN LETTER



## Dear Parents and/or Guardians...

This month we are learning about leadership. The word leadership can bring to mind a variety of images. For example: a political leader pursuing a personal cause, an explorer cutting a path through a jungle for his group to follow or an executive developing a company's strategy to beat the competition. Leaders help themselves and others to do the right things. They set direction, build a vision and create something new. Martial arts allows children to become leaders by stepping up in classes and taking on that role whether they are leading warm ups, helping lower belt ranks practice or setting a good example on how to reach goals.

### HOW CAN YOU HELP?

- Set a good example. By allowing your children to see how well you balance your business and personal roles, you will teach your children accountability through your leadership skills as a parent.
- Encourage team activities. Identify your children's interests and encourage them to participate in group activities. Children learn valuable lessons about teamwork from group challenges.
- Emphasize perseverance. Learning how to handle failure is something some of the best

leaders can do. It is important to let your children experience disappointment rather than protect them from it. They will learn to handle loss and move forward when the other team wins or someone else is elected class president.

- Help with decision making skills. Children should learn how to make good decision early on in life. Children can become overwhelmed with too many choices, so be sure to narrow it down to 2-3. Teach your children to weigh the pros and cons of each option before making a decision. This will help lead them to make the right decision in everyday life.
- Practicing confident communication skills. When you go out to eat at a restaurant, allow your children to order their food and speak directly to the servers to help build their confidence in communicating.
- Find a mentor. Mentors can be invaluable when you can find someone that is accomplished in the area which your child expresses interest.
- Teach your children it is important to never quit or give up and to fulfill their commitments in life.

## Leadership

LEADERSHIP IS THE ABILITY TO INSPIRE OR INFLUENCE OTHERS TOWARDS A VISION, MOTIVATE AND INSPIRE OTHERS AND HELP COACH PEOPLE TO ACHIEVE THAT VISION.

### Master Tony Kook's North Shore Taekwondo

2900 Lonsdale Avenue  
North Vancouver, B.C.  
604-986-5558

[www.northshorettaekwondo.com](http://www.northshorettaekwondo.com)

