



MASTER TONY KOOK'S
NORTH SHORE TAEKWONDO
 PASSION | PURPOSE | PRACTICE

CLASS SCHEDULE SEPTEMBER 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Private Lessons By Appointment	12:00PM-12:50PM Adult All Belt	Private Lessons By Appointment	12:00PM-12:50PM Adult All Belt	Private Lessons By Appointment	9:00AM-9:45AM Make-Up Class Tigers & Youth
3:30PM-4:10PM Young Tigers White-Orange	3:30PM-4:10PM Young Tigers White-Orange	3:30PM-4:10PM Young Tigers White-Orange	3:30PM-4:10PM Young Tigers White-Orange	3:30PM-4:10PM Young Tigers White-Orange	10:00AM-10:45AM Young Tigers Intro White Belt Only, Age 4
4:20PM-5:05PM Youth Intermediate Green-Red	4:20PM-5:05PM Youth Intermediate Green-Red	4:20PM-5:05PM Youth Intermediate Green-Red	4:20PM-5:05PM Youth Intermediate Green-Red	4:20PM-5:05PM Youth Intermediate Green-Red	11:00AM-11:45AM Leadership By Invitation
5:15PM-6:00PM Youth Beginner White-Orange	5:15PM-6:00PM Youth Beginner White-Orange	5:15PM-6:00PM Youth Beginner White-Orange	5:15PM-6:00PM Youth Beginner White-Orange	5:15PM-6:00PM Youth Beginner White-Orange	12:00PM-12:45PM Youth Beginner White-Orange
6:15PM-7:00PM Youth Intermediate Green-Red	6:15PM-7:00PM Youth Intermediate Green-Red	6:15PM-7:00PM Youth Intermediate Green-Red	6:15PM-7:00PM Youth Intermediate Green-Red	6:15PM-7:00PM Youth Intermediate Green-Red	1:00PM-1:45PM Youth Int/Adv Green-Black
7:15PM-8:00PM Youth Advanced Brown-Black	7:15PM-8:00PM Youth Advanced Brown-Black	7:15PM-8:00PM Youth Advanced Brown-Black	7:15PM-8:00PM Youth Advanced Brown-Black	7:15PM-8:00PM Youth Advanced Brown-Black	Special Programs By Appointment
8:10PM-9:00PM Adult All Belt	8:10PM-9:00PM Adult All Belt	8:10PM-9:00PM Adult All Belt	8:10PM-9:00PM Adult All Belt	8:10PM-9:00PM Adult All Belt	Private Lessons By Appointment



Young Tigers Intro: Age 4yrs, White Belt Only
 Young Tigers: Age 5-7yrs
 Youth: Age 7-13
 Adult: Age 14 & Above
 Demo & Olympic Sparring: By Appointment

- Make-Up Class Option: offered to students to make up class they missed, week of absence (by appointment)
- Students to arrive no sooner than 5 minutes before class
- Students must be picked up precisely at the end of class

CONTACT US TODAY
 TO RESERVE YOUR SPOT

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